

**ÉCOLE ROCHESTER
ELEMENTARY SCHOOL**



April 2016

Dear Parents and Guardians,

Track & Field season has begun! All students in grade 3, 4 & 5 are invited to try out for the track and field events.

The district track meet will be held on **Tuesday, May 24th** at Town Centre Stadium. All students participating in this meet will have to reach the standards set by the District in order to participate. More information and request for volunteers regarding the district track meet will be sent home closer to the date.

Participants are encouraged to follow through on their commitment. Joining a team indicates a commitment to support fellow athletes, coaches and the school. Once a part of the team, students are expected to be supportive until the end of the season. We do expect students to be consistent in making practices. Please contact your child's specific coach to discuss any conflict issues, as the coaches want to be as supportive of the children as possible.

Practices will begin bright & early on **Monday, April 18th**. ***Please note the practice days and times for all the events that your child has signed up for on the schedule on the reverse of this letter.***

Thanks in advance,
The Rochester Track Coaches

Mme Boulanger, Mrs Doza, Mrs Johnson, Mrs Linden, Mr. Kore, Mme Benedict, Mr. Mariotti, Mme Anderson, Mrs Downey, Ms Fernandes, and Mrs Moore

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(Please return to Mrs. Moore as soon as possible)

Yes, my child can participate in track and field practices.

Yes, they understand the commitment to practices and expectations for behaviour.

Student Name

Student Signature

Division

Grade

Parent Signature

Telephone Number

TRACK AND FIELD PRACTICE TIMES

(Please put a check mark beside the event your child is participating in so you can keep track of practice days and times).

Event	Practice Days	Practice Times	Teachers	✓
Running Short distance (100m, 200m) & Long distance (400m, 800m, 1500m) + Relays	Mon and Wed	8:15 - 8:45 3:10 – 3:40	Mme Anderson, Mrs Downey, Ms Fernandes Mrs Moore	
Long Jump Gr 3 Gr 4 Gr 5	Mon Thurs Tues	12:10-12:35 8:15-8:45 8:15-8:45	Mrs Doza, Mrs Johnson, Mrs Linden and Mrs Moore	
High Jump Gr 3 Gr 4/5	Tues Thurs	12:10-12:35 12:10-12:35	Mr. Kore and Mme Benedict	
Discus (Gr. 5's only)	Wed & Friday	12:10 - 12:35	Mr. Mariotti	
Shot Put Gr 4 & 5 only	Tues & Thurs	3:15 -3:45	Mme Boulanger	